

MIDWEST FOODS



Local Heirloom Apples 2016

From Seedling Fruit Farm in South Haven, Michigan

1/2 bushel. Approx. 20 lbs.

Mutsu #01-11784



Mutsu is a cross between the Golden Delicious the Indo. Also known by the name Crispin. Mutsu has a honey-sweet flavor reminiscent of Golden Delicious, but a more firm texture. It's a great pie apple, and the large size means you only need to peel a few. Mutsu is also a delicious snacking apple, and stores well.

Senshu

#01-10720



This apple is the product of crossing the famed Fuji with the considerably lesser-known Toko. This juicy, crisp and very sweet dessert apple is just right for breads, pies and tortes. Medium red over yellow coloring. Keeps about 3 months in storage.

Northern Spy

#MWF-1069



The Spy is an heirloom, all-American variety originating in New England in the 1800s. An irregularly shaped large dull-green apple with red blush and stripes, the Spy is sometimes called a winter apple. It contains more solids than many varieties, which means it retains texture in cooking applesauce, baking pies and other dishes.

Wolf River

#01-10716



Fruit weighs up to a pound, each! Characteristically large fruit is perfect for cooking and sauce — holds its shape and requires very little additional sugar. Antique variety, originates from Wolf River, Wisconsin, circa 1870s.

Valstar

#01-11783



The Valstar is a sport variety of the Lustre Elstar apple. It is a cross of Golden Delicious and Ingrid Marie. Its firm, sweet, tart flesh makes it great for fresh eating and pie. Its flavor improves after four weeks of cold storage.

Golden Russet

#01-11676



The Golden Russet is a seedling of the English Russet. It was developed in New York in 1845. This apple is hard, crisp, and juicy. Its flavor is sweet and it is excellent eaten fresh. The Golden Russet is a prized cider apple.

Smokehouse

#01-10721



The Smokehouse originated from a seedling of the Vandevere apple in Pennsylvania in 1837. It has a yellow crispy flesh. The Smokehouse has a flavor which tastes like fresh cider. It is great eaten fresh, cooked, or in juices and ciders.

